

Event	Age Range	Time	More Information
Pilates Training	any	Monday 7pm - 8pm Friday 5.45pm - 6.45pm	contact : Tracey on 07982 831181
Dog Training	any	Wednesday 6pm - 8pm Saturday 11am - 2pm	visit www.bedworthdogtrainingschoolBDTS.co.uk
Freestyle dance	5 - 15 yrs	Tuesday 5pm - 6pm Thursday 5.30pm - 6.30pm	contact : Evie on 07740 486171
Funky Feet dance	3 - 15 yrs	Saturday 9am - 10.45am	please ring Embody Dance on 07533 916231
Gymnastics basic	5 - 15 yrs	Tuesday 6pm - 7pm	contact : Evie on 07740 486171
Helen O'Grady Drama	4 - 10 yrs	Friday 4.30pm - 5.30pm	please ring Gemma on 07554 994362
Knit & Knatter	any	Monday 1pm - 3pm	contact : ring 02476 362512
Line Dancing	any	Tuesday 1pm - 2pm	contact : Linda on 07443 569891
Little Explorers	1 - 11 yrs	Monday 1pm - 2pm	contact Vicky on 07445 398564
Mature Movers dance	50 +	Wednesday 10am - 11am	please ring Embody Dance on 07533 916231
Mixed Martial Arts	--	Weekdays from 4pm	please ring 07815 757728 or visit www.pitbullmma.co.uk
Motown ageless exercise	any	Monday 10am - 11am	contact : Tracey on 07982 831181
Rebounder bounce fitness	any	Monday 11am - 12am Thursday 7pm - 8pm	contact : Tracey on 07982 831181
Taekwondo	any	Friday 7pm - 8.30pm	contact : John on 07977 688486
Tai Chi Healing	any	Saturday 9.45am - 10.45am	contact : Andre on 07707 796154
Tiger Feet dancing	8 - 16 yrs	Saturday 11.15am - 12noon	please ring Embody Dance on 07533 916231
Upholstery & soft furnishing	any	Thursday 7pm - 9.30pm	contact : Edna on 02476 613526
Walking for Health	any	Tuesday meet here at 10.30am	contact : Andrea on 07792 299028
Zumba	any	Thursday 6pm - 7pm	contact : Sue on 07899 862167
Yoga	any	Tuesday 1.30pm - 2.30pm	contact : Andrea on 07792 299028

